PEARL MAGAZINE
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Admonition

World history is mastered enough!
The stars that dawn through all the ages,
You wanted to smash with brazen hands
And illuminate them with your own light.

Yet mighty forces press inexorably forward,
On their own, the bells from the towers ring out,
The eternal hand of the clock, without asking you,
Points inflaming to the hour of judgement.

Oh quivering quiet silence, filled with wonder,
When secretly whispering the forests stoop,
All the valleys, ghostly pale, sinking away,

And in thunderstorms from the mountain peaks
The Lord with lightning writes the history of the world?
For His thoughts are not your thoughts.

Joseph von Eichendorff

REAWAKENING

PEARL

GROW YOUR WISDOM — EXPAND YOUR BEING

SEPTEMBER 2020

SOUL SEARCHING

FAMILY TIES

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God stands before humanity demanding, not enticing and pleading, not lamenting and grieving. He will calmly abandon to the Darkness all the wicked, even all the wavering ones, so that those who are striving upwards shall no longer be exposed to their attacks; enabling the others thoroughly to experience everything they consider to be right, and thus come to the recognition of their error!

Grail Message

Make everything you think and do into a service to God! Then it will bring you that peace which you long for.

Grail Message

30

In reality there is only one enemy of mankind all along the line: The hitherto unrestricted rule of the intellect!

Grail Message

Seeking purpose

In difficult moments of transition there is deep discomfort and there is fear. One's knowledge and assumptions are tested to the hilt as old routines and ways of living, established norms and institutions, collapse and pass away. Deep-seated doubts and anxieties surface in waves of hostility and despair opposing the new that is emerging.

Amid the chaos, the urge to seek higher recognitions also stirs from within, the urge to explore, to discover answers to what the new may be demanding, to expand the horizon and find personal liberation in adaptation. Seeking is an inward journey, a spiritual quest for something beyond or greater than the mundane or material world. He who treads the spiritual path becomes a true master of his own being.

For many would-be seekers, however, the lack of time for self-reflection, which is a characteristic phenomenon of the present, means that the time made available is no longer sufficient for an inner expansion. This time constraint is a bitter fruit of our one-sided intellectual domination and one that we must endure as the agonising result of life today. Finding the harmony of maturing silently and, above all, simply following the path to the good and the true is extremely difficult for us through our own guilt.

But for whoever honestly seeks by looking inwardly and striving for the Light in pure volition, a way out is always shown, however overshadowed he may be by distracting and dispiriting work. To follow the spiritual path in pure, humble volition brings happiness in seeing how much unexpected help and relief is received, leading not to new difficulties but only to relief and liberation. Amid the turbulence of the times marking the closing of a cycle and transition to a new time in which radiations from the Light, anchored firmly and with irresistible power on the tracks of the inexorable Cosmic Laws, now sweep away all that is false and dark from Creation, PEARL Magazine seeks to signpost this path.

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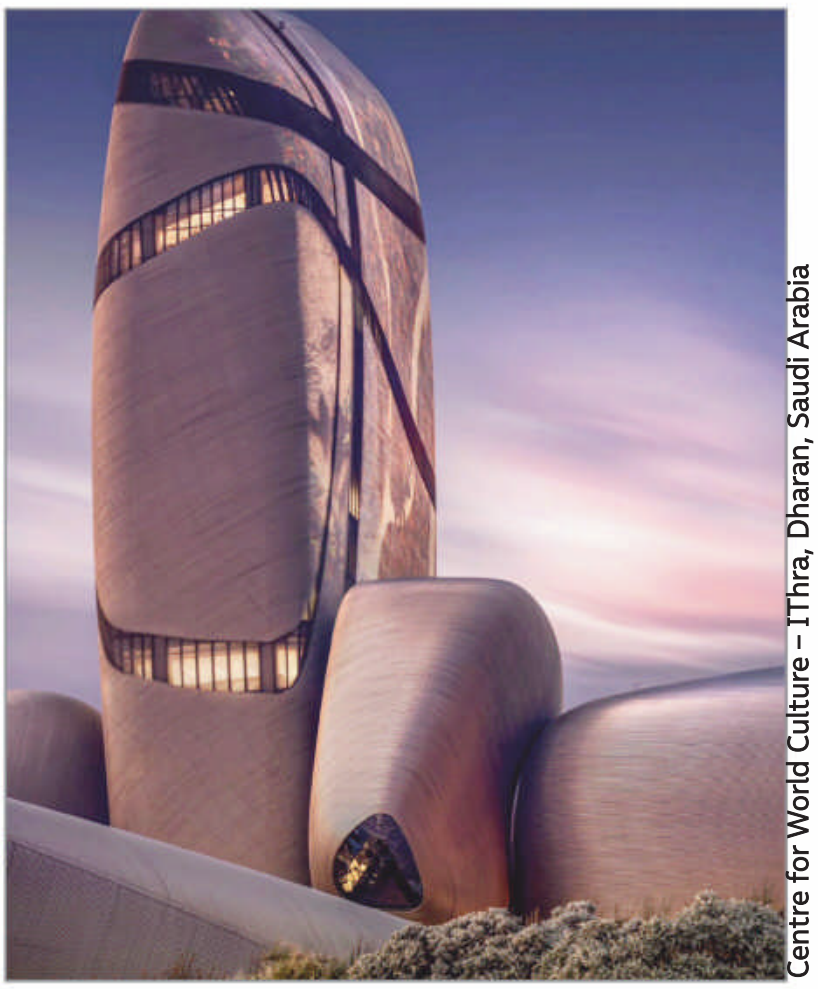
A full-time clarinetist in an orchestra, Paul Schmitt's lifelong quest to discover answers to seemingly unanswerable questions about human origin and existence, how the order of the world is organised, whether the cosmos arose by 'chance' or whether it was created and is enlivened by a higher power, whether man is a 'biochemical machine' leading a more or less meaningless and irresponsible existence, or whether we all have a destiny to be fulfilled that follows a higher order and meaning, led him on his spiritual path to the work *In the Light of Truth - The Grail Message,* which holds knowledge that goes beyond humanity's current level of understanding.

Ojúmó T'imó

Ojúmó T'imó speaks and writes on questions that agitate humanity.



Centre for World Culture – IThra, Dharan, Saudi Arabia

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Divine Love is inseparable from the utmost severity of Divine Justice. Indeed It even is Divine Justice. Justice is Love, and Love again lies only in Justice. In this alone lies also Divine Forgiveness.

Grail Message

INNER MOVEMENT

OJÚMÓ T'IMÓ

It is often said that 'movement is life' and this is true. Nobody doubts that movement is a necessary part of life. Everything that follows the Law of Movement bears life and thus also development. Where there is no movement, there is a standstill and decay soon sets in. Above all, we can recognise this clearly in nature, but also in ourselves. For example, those who work in a sedentary job all day without balancing movement in their spare or leisure time first of all neglect their breathing, which becomes shallow and superficial, whereby the oxygen supply to the blood is reduced, coupled with a reduction of harmful substances being expelled when exhaling. These then stay in the body for longer. The second consequence is that the heart loses conditioning, just like an arm which is never subjected to any resistance. It becomes sluggish and circulatory disorders soon follow, especially if this lack of movement is coupled with a poor diet. Eventually, this will lead to obesity, heart disease and the danger of premature death.

Therefore, movement is necessary in everything, thus also in human spiritual life, the inner life of a person. The reason for this is that the spirit within us is actually the driving force towards spiritual maturity, which must not be confused with intellectual proficiency, for it is only spiritual maturity, not intellectual wit and scholarship, that can lead our soul upwards. Through the inner voice, thus through our intuitive perception, the spirit always gives us the right advice and guidance when we listen to it and act accordingly. The feeling, however, which is a result of the interaction of bodily instincts and the intellect, can easily be mistaken for the inner voice, thus the intuition, and it takes some practice to distinguish the two. The spirit, therefore, is the life within us, our real living essence from which the other parts of our being draw the power to exist and function as a human being on earth. For example, our physical body together with the intellect emanating from our brain could not develop without absorption of the power radiating from our innermost core of spirit. The harmonious cooperation between the body and the spirit is the key to constant development.

Just as the body needs constant movement in a steady way, without one-sided excesses, so does the soul with the spirit as its core need constant, steady exertion on the spiritual level. The inner movement of man leads to thoughts, intuitive feelings and sensations, which are translated into goals and actions. The Law of Movement manifests itself in active spiritual volition, with the help of which we thus achieve our goals and desires. We must, of course, make sure that these goals and desires actually originate from spiritual volition and not from that feeling which is fleeting and is only linked with the intellect, and therefore can only strive for earthly goals and pleasures.

Now it happens that many a person only becomes aware of his spiritual 'self' through a deep experience, be it in the form of severe suffering, grief, sorrow or pure joy, which can penetrate to the spiritual core within. As if roused from a sleep, he begins to recognise; he seeks connections in his life, sometimes listens to nature, in which the Divine Laws are anchored. All of a sudden he has become a seeker, a person who can no longer be satiated by mere earthly aspirations and goals. There must be more to life than this! He begins to look for the 'bigger picture'. The Divine Laws are milestones on the way to true knowledge in everyday life.

At this point a person should not stop but step out with growing confidence as it is all the more important to go forward unfalteringly on this path that, in due course, also leads through complete knowledge about otherworldly spiritual processes towards gaining an understanding, at least to the extent possible for humans, of universal Truth and Justice. He must not allow the spiritual vibrations to be stunted again by laxity or by being over-absorbed in everyday mundane challenges, the mastering of

The mystery of human existence lies not in just staying alive, but in finding something to live for.

Fyodor Dostoevsky

SHUTTERSTOCK

The two most important days in your life are the day you are born and the day you find out why.

Anonymous

which may prevent him from expending the necessary level of concentration and effort required to understand the Truth and the 'meaning or purpose of life'. Otherwise, weighed down by everyday cares, and other earthly matters, which again become the first priority, his resolve will quickly weaken and wear out too easily. So is it that spiritually awakening people who may have found their way upwards towards the Light through the Word of God, can again become sluggish in their quest for the Truth. Without realising it, through sliding back to a state of inactivity, the barely awakened spirit in the soul would immediately fall asleep again. And if it does not stir up again with the help of a great experience or psychic shock, then such a spirit stands in grave danger of being roused only by the cosmic purification now afoot, marking the passing away of the old and the fall of everything that is wrong, only to be swept away together with the old into the funnel of disintegration, from which it can never rise again. This terrible fate is due solely to that spirit's unwillingness to obey the Law of Movement! We should therefore make the greatest efforts to understand what is happening today and the causes of today's chaotic conditions and, at the same time, prepare for the upcoming changes. But above all, we must never again allow anything to impede the development of our spirit, so that through movement it becomes ever stronger and more luminous.

Thus a spiritual human being should be a person living according to the Will of God manifest in the unalterable Laws of Creation, the Laws of Nature, and not a puppet with a sleeping spirit. But a person can only unfold freely in spirit by recognising the Truth and living in accordance with it. In the work, *In the Light of Truth – The Grail Message* by Abd-ru-shin (Oskar Ernst Bernhardt 1875-1941), he will find these Laws fully explained in their all-embracing activity, as well as a coherent, logical and consistent survey of Creation without a gap, including our position therein and the purpose of our existence.

The power of God streams through the Universe, awakening, helping, furthering, driving, but it will also eliminate everything which has a disturbing and harmful effect through misuse or neglect. By obeying the Law of Movement we guard against being numbered among such.

Therefore, our first duty is to use this power in the right sense, thus only in accordance with the Laws of Creation. Abd-ru-shin says at the beginning of his message:

'See that you are truly alive in the wonderful Creation of your God!' Life requires movement, movement above all in the spirit. Only movement brings strength.

No nation and no people can flourish and prosper where the man is unable to look up to the woman in her womanliness!

Grail Message

ASPECTS OF FREE WILL

ÌSÍJÚ KÁ

In earlier phases of development, in which there were slaves and serfs, it was often not possible for the individual to really be able to choose freely. If he wanted to choose an occupation or spouse, these life steps were often dependent on the consent of his master, his ruler or a family member. Slavery, however, was an aberration, a misstep and a blight on humanity which was a grave transgression against the Laws of Creation, not a part of normal development. With the maturing of humanity, the freedom of the individual to be able to implement his own free will also grows.

Despite this positive development, many people today do not care much about really exercising their freedom to make decisions. Their inner comfort is expressed in such a way that they prefer to let other people think and decide for them. Because with the independent exercise of will there is also responsibility for one's own decisions. For this very reason, many people today, consciously or unconsciously, neglect free will to make a decision.

Others act in exactly the opposite way by rejecting any advice and without hesitation always making decisions alone, often impulsively and without thinking. They do not realise that rash decisions lead to broader, often unforeseen consequences that can put a lot more strain on themselves as well as on others. For this reason, people should not avoid the advice, tips and experiences of their fellow human beings, especially from those they can trust. However, they must then weigh up these suggestions with their intuition and not only with their intellect, discard those which are inappropriate or unsuitable and incorporate the others into their personal considerations. After weighing up all the information thus obtained, they should be able to make the appropriate decision.

Still others are convinced that they have no free will to make decisions at all. They have become so entangled up in their negative qualities, tendencies and bad habits that it is no longer possible for them to overcome these without a strong inner change. Only the strong, inner urge for change, combined with the sincere knowledge of one's own weaknesses, can help to overcome them and to mobilise all the necessary reserves.

In some cases, however, people find themselves in a situation, where the exercising of free will is subject to constraints, which they feel as an impediment. If, for example, a person is not able to make free decisions on his own responsibility in his workplace and if this disturbs him, he should first look for who or what restricts him. Perhaps it is up to him, because he may not have shown enough initiative when left on his own, so that he creates the impression that he needs closer supervision, or because he cannot cope with a workplace which discourages independent decision-making and prescribes that employees follow strict rules and protocols instead. He should rethink all of this and then decide for himself whether he should just change workplaces or look for a different, more suitable occupation altogether.

A person who is exploited by others because of his goodness, skill and willingness to help, and who becomes aware of the ensuing one-sidedness, which depresses him, can also come to the conclusion that he has no free will in this matter, because in his opinion, he always has to do so in order to be kind or helpful. However, he can only solve this if he changes inwardly, in that he becomes prepared to rebuke people who constantly take advantage of him and put them in their place. This takes courage, as it will make him a few enemies, but others will learn to appreciate what he has to offer all the more, if he is more discern-

The purpose of life is a life of purpose.

Robert Byrne

SHUTTERSTOCK

He who is firm in will moulds
the world to himself.

Johann Wolfgang von Goethe

ing with his helpfulness, so that the one-sidedness will then cease. Otherwise he will experience this disappointment at every further job he undertakes.

If there is a lack of freedom in a relationship, this should be carefully examined and the hidden causes sought. Perhaps one of the partners will discover over time that nothing connects him with the other partner spiritually, that they no longer complement each other or perhaps never did in the first place. Maybe the other partner limits him directly in his free will by trying to dominate the relationship. Despite these adverse circumstances, many people often stick to defunct partnerships simply because they cannot muster the courage to separate or because they shy away from a self-reliant life. Dependent children and financial considerations also play a major part here, with women often being at a significant disadvantage in this respect. People often do not want to recognise that it is precisely these adverse circumstances that are pushing them to deal with themselves and re-evaluate their lives. The solution to this perceived pressure does not always have to be sought in a separation. It is often sufficient to learn to understand the situation and the needs of our partner. In this respect, it is most important to look for our own faults, rather than dwell on those of our partner. It is often the faults that we find so irksome in our partner, these are the very ones which we carry within ourselves to a far greater degree. A very sobering discovery indeed! This way, a spiritual connection, through mutual understanding, may yet be re-established.

People often avoid these challenges by blaming others for their own actions or by simply drowning their sorrows with alcohol or finding solace in drugs. Others plunge into their work, or pursue other distractions, such as hobbies or sport, in order to avoid the necessary self-examination.

If people have become aware that they are constrained from freely exercising their free will, then this will be painfully felt. However, it becomes very difficult for people to recognise that this is, in fact, a lawful consequence of their own previous misconduct, inevitably following from the automatic activity of the Divine Cosmic Laws.

Let us consider an example of an adult son suffering from his father's desire to dominate, since the latter takes away all decisions from him and sometimes asserts himself by force. This condition constricts the son, so misunderstandings and disputes are common. Since the son is younger and therefore less set in his ways than his father, he should first try to understand the cause of this behaviour. He should make the effort to understand the father in his urge to dominate and not constantly ask him to change his behaviour.

First of all, the son should be aware that the Cosmic Law of Reciprocal Action bound him to his earthly father, because incarnations are never random or arbitrary, but instead, strictly bound to the Laws of Creation. This explains to him that in a previous life he behaved in a similarly domineering manner towards his own son or to some other person close to him. He can see that he is exactly the same as his father because he is disturbed by his father's behaviour and is angered by it. The same negative properties cause constant friction, which, nevertheless, provides an impetus to recognition and redemption. If there is true recognition of the cause, his attitude towards the father will change immediately to one of empathy and understanding, thereby removing the karmic obstacle. The previously suppressed free will then re-awaken in the son, which the father will then respect and the conflict is subsequently resolved without bitterness.

If the cause of the problem is first recognised by the father and he changes in this, the son changes with him. Both are karmically connected, so that they either support or hinder each other in their development. However, if the father continues to persist with his wrong attitude, fate will intervene and somehow offer the son a way out of the situation, provided he has now overcome this weakness within himself, bears no grudges and therefore no longer bears homogeneity with his father in this respect.

However, should the son not want to change and only expect the father to change, then his evil, domineering qualities will be so magnetic that his children will be as domineering as he is himself. Some of them, or all of them, will also stand up to his violent nature and resist him. This gives him another opportunity to become aware of his dominance. Likewise, it is once again possible for him to recognise that any solution can only be found to the ensuing conflict if he changes his behaviour towards his own children.

The father's recourse to power and dominance can also have the opposite cause. If the son is too weak and never shows his own will openly, or simply lacks resolve and determination, the father simply makes all decisions for him, which then becomes habitual and possibly addictive. This, of course, is the wrong way to tackle the problem, which have negative consequences for both parties. The right way would be for the father to force his son to make his own decisions and then make him live with them. However, if the son shows at the right moment that he has his own will by implementing it, there is mutual balance and harmony is restored.

Yesterday is ashes.
Tomorrow is green wood.
Only today does the fire burn brightly.

Eskimo proverb

MOTHER'S LOVE

JIDE ADEFOPE

How often does one hear mothers of adolescent children lament that they frequently only reap misunderstanding, rejection or even ingratitude as a reward for their tireless care and effort towards their young ones' well-being and also for all their well-intentioned advice.

Have these mothers ever wondered what may be the underlying cause of this strange alienation between themselves and their sons and daughters who have outgrown childhood? Also, in most cases, it is perceived by the mother as a deep insult and a bitter injustice when she has to learn that adult children often show more trust and affection towards strangers than to their own parents, but she usually does not realise that she herself was the one who destroyed the once beautiful childlike trust of the early years by not understanding the necessity to keep pace with the spiritual growth of her children and the need to modify her behaviour towards them accordingly, through each stage of childhood and adolescence. Instead, they forever remain her 'kids' and she continues to treat, rebuke and admonish them as if they were still toddlers, even after they have become young adults. And in the same way as the harvest results in multiples of the seed, so does the strength of the reciprocal actions accrue to our deeds over time. It is often the case that people are, for the most part, absorbed in everyday challenges, which require all their strength to master and, bearing in mind that their expectations will also rise in line with their achievements and will therefore take up even more of their time, they will be less and less inclined to search for the Truth and the meaning of life. Parents of growing children are often no exception to this. However, it is just this very urge to seek and ask questions about life and also about himself and his task as a human being, that stirs mightily in the young person once he has outgrown childhood, so that it should not be surprising that a young person, if unable to find understanding and support for these stirrings of his soul with his parents, turns to others, where he is more likely to find acceptance as a personality, where also his word and his opinion are acknowledged and valued, where he feels understood and finds spiritual homogeneity. These connections remain hidden from many mothers, and they do not even attempt to understand the background to this unfortunate development in their relationship with their maturing children. It is therefore appropriate to delve deeper into this phenomenon.

When the gate of childhood has finally closed behind the young person who has developed into a young man or woman, the physical process of transformation towards adulthood may be considered as concluded and a psychic process then begins. The time has now come when the development towards an individual personality begins for the young person, and everything that stands in the way of this development is rejected. Yes, even the parents experience this rejection if they continue to try to treat adult children in the same way as before, ignoring their spiritual independence in thought and action, which has now come to the fore. Young people perceive it as

18+

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Every person is here on earth either at his own request or because of his own fault. The parents merely provide the possibility for an incarnation, and nothing else. And every incarnated soul must be grateful for the opportunity offered!

Grail Message

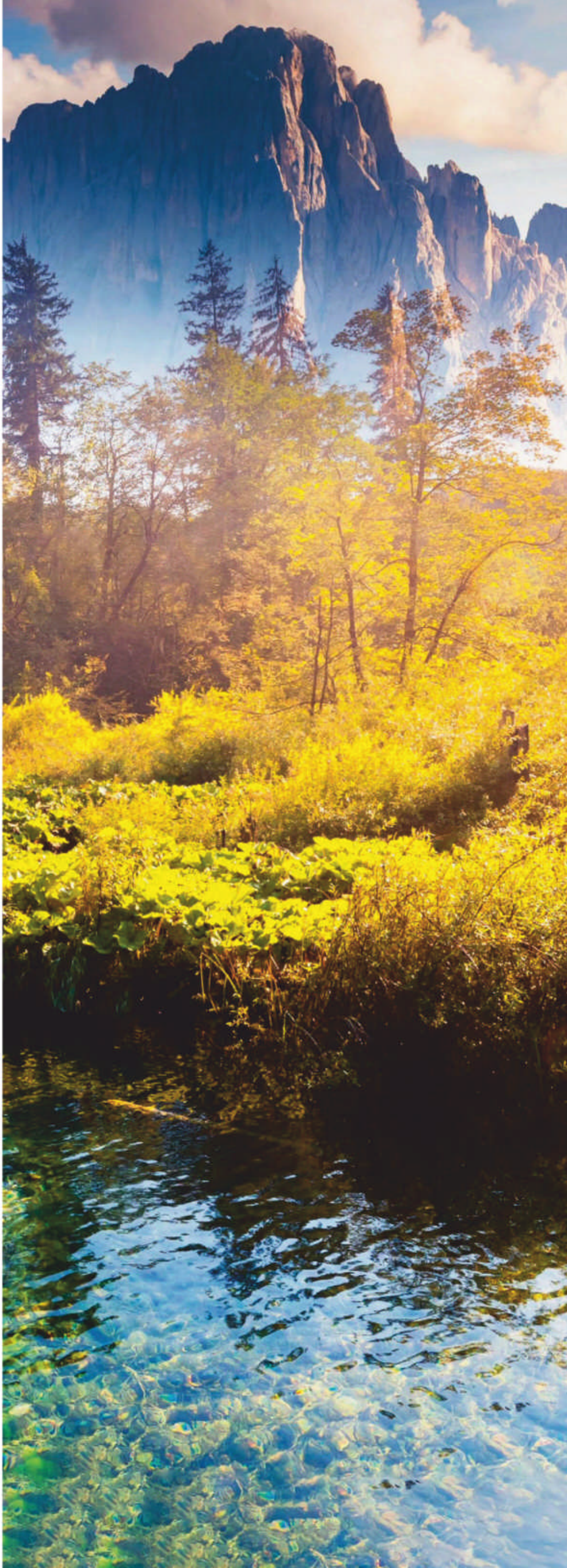
SHUTTERSTOCK

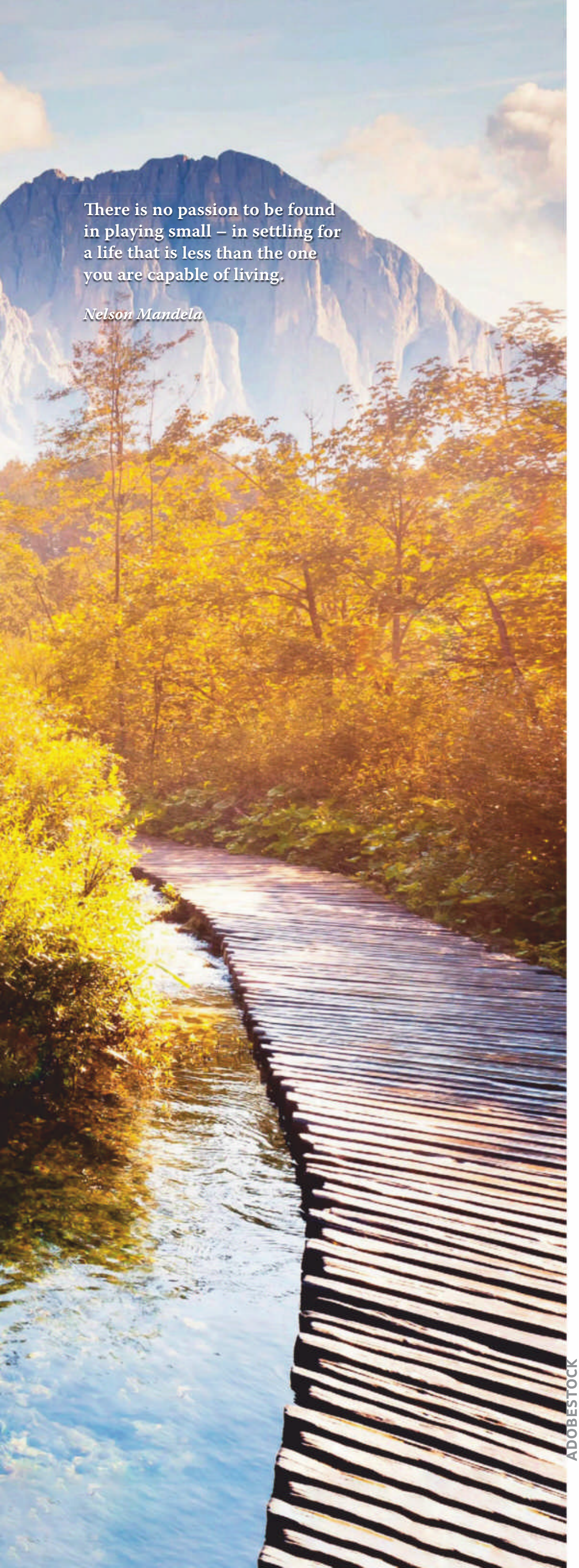
While parents are entrusted with looking after and bringing up the child in soul and body at birth, they have no claim on the child's spirit.

paternalism and gross interference in their personal affairs and in their psychic and spiritual spheres if one continues trying to lead them by the nose, telling them what to do and demanding that they give account of their actions and omissions, often over the most insignificant things. Only a spiritually lethargic person or slumbering spirit will put up with this sort of thing, except where it is done in a calculating way to secure material advantages with little effort through the patronage of influential parents in business and society, thus a form of nepotism. Either way, with this paternalism one hinders the awakening spirit from unfolding the powers stirring within him.

While parents are entrusted with looking after and bringing up the child in soul and body at birth, they have no claim on the child's spirit, which did not come into existence at conception or birth but instead, originates from luminous heights of eternity and already existed as a personality long before its current earth-life. Thus the child is only a guest who is housed in a physical cloak with the parents. Yet, as the young person matures in outgrowing childhood in its natural development, which should never be one-sided, the body should only develop hand-in-hand with the spirit within, which also develops at the same time. However, if the spiritual development is hampered in any way, either through personal spiritual laziness or by external factors, including interfering parents, the young person is in danger of becoming a narrow-minded materialist, a slave of his intellect, without any aims or goals outside the earthly. From a spiritual perspective, he thereby wastes his entire earth-life.

Free will: Upon attaining adulthood, every person begins to notice the burst of energy associated with the innate free will asserting itself, which replaces the imitative instinct prevalent in childhood. Thus children require role-models to look up to and imitate during this stage of development. Free will is an intrinsic attribute of the emerging sprit, which, however, remains dormant during childhood and only begins to assert itself once the connection with the spirit is established through the maturity of the body. It leads to the fact that a person goes his own way of development, which is often different to what his surroundings demand of him. Everyone feels inside




There is no passion to be found
in playing small – in settling for
a life that is less than the one
you are capable of living.
Nelson Mandela

ADOBESTOCK

how they should go through life, because they are unconsciously guided by their own plans and tasks that were imbued within them before they were born. However, if a young person allows himself to be dominated by his intellect, exacerbated through a one-sided education and bad advice, his plans and goals may be altered by mere intellectual considerations to such an extent that he may not be able fulfil these imbued tasks, for which he was born, at all or only in part. In addition, excessive, premature sexual activity as well as alcohol, drugs, wild parties and the like, can also cloud a young person's judgement as to his life's tasks and goals. Thus by the middle years of young adulthood, many find themselves on the wrong path, feeling unfulfilled and depressed. It will now require a far greater effort than before to find the right path again and retrieve what has been neglected.

Parents should never force their adult child to do something that they do not want to do because of their inner drive. Even in childhood and adolescence, it is the parents' duty to respond to their child's personality, and to only provide help and support, but never use compulsion when it comes to school or professional issues. Of course, in this day and age, a completed secondary school education and graduation has become the minimum prerequisite for almost every job, so that responsible parents have a duty and a right to insist that their child complete it and to do so to the best of its ability. However, the subjects selected in later years of schooling should be left entirely up to the child. Up to maturity, every child acts in such a way that it imitates the parents' behaviour, or also of others in close contact with it, such as teachers, grandparents and the like. This behaviour can also be observed in the animal world, whereby the young animal learns by emulating the behaviour of its mother, until it becomes independent and can look after itself. Nevertheless, unlike human beings, who should go their own way as directed by their free will, the behaviour of the animal, in most cases, will stick closely to what it has learned from its mother and perhaps additionally from the herd.

Age of idealism: When, at adolescence, the spiritual core of an emerging young adult attains a breakthrough with the onset of generative power and tries to unfold freely, the time has come for the mother to also experience a transformation in her motherhood, her motherly love. Instead of excessive concern for and a patronising disposition towards her adult children – stemming from a misunderstood motherly love – she must learn to become a friend to her daughter and a companion to her son. All her little vanities and selfish desires must now recede behind the respect for the spirit that has broken through in

SHUTTERSTOCK

the maiden and youth. But parents keep falling into the same errors that their own forebears made, namely wanting to spare their children the bad experiences they had and thus protect them from the disappointments that life entails. To this end, they force their unsolicited advice onto their children and repeatedly issue admonitions, which rarely find an attentive ear. Do these parents actually know what they are about to deprive their grown-up children of by their admonitions? Life itself. A human spirit can only grow and mature if it bravely deals with life and its demands and struggles daily and hourly, because a human being and especially a young person learns only from *his or her own* experiences. Independent experiencing in its many forms is and remains the best teacher of youth, but not the constant advice and exhortations of parents, which are often not even practised by them at all or only very little. If parents themselves would always act in an exemplary manner, not only as parents, but also as mature human beings, their adult children would actually respect and value their advice, but only if it is asked for.

A loving and lasting relationship between a parent and an 'adult child' can only develop where they both feel genuine love for each other.

Mother's love as such emanates only from a purely animistic feeling, from an instinct, as it is also characteristic of animals. For instance, a little bird will try to protect its young from danger and readily sacrifices its own life to do so. When the young are fully fledged, however, they separate from the older ones and begin their own existence. Some animals even use force if the youngster displays a reluctance to leave when the time has come.

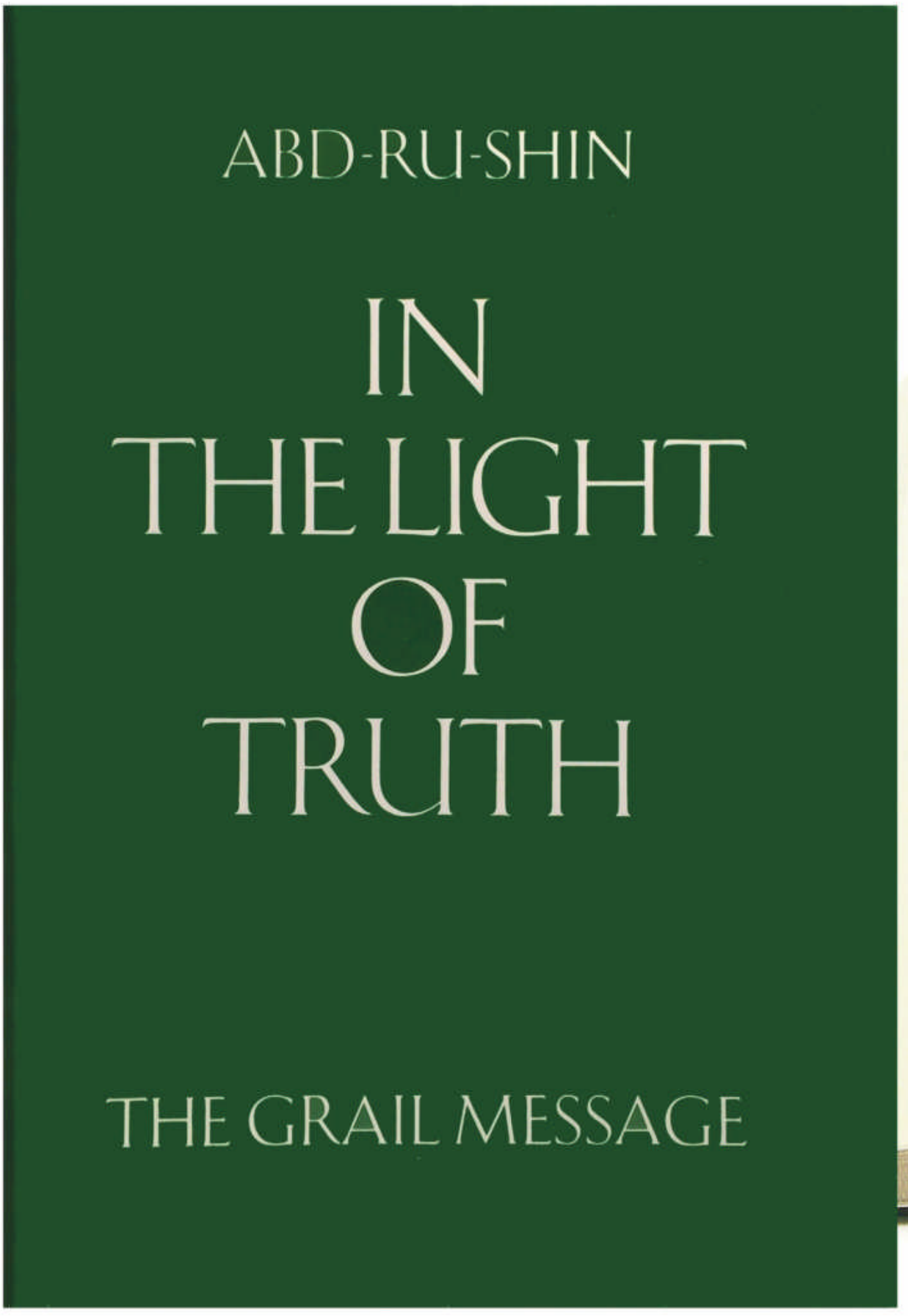
The spirit always seeks homogeneity, and so the young adult person will be on the lookout for this spiritual homogeneity also in his parents, because only this will provide a bridge to his parents from now on. If, however, this homogeneity is missing, then separation inevitably occurs; initially through an inner detachment that is hardly noticeable, which is later followed by an outer detachment and possible complete estrangement. What the spirit of her adult child demands can only be given by the mother who sheds this animistic motherly love, having been made redundant by the spiritual breakthrough which has occurred in the child, and replaces it with understanding friendship, thereby connecting herself spiritually with the child.

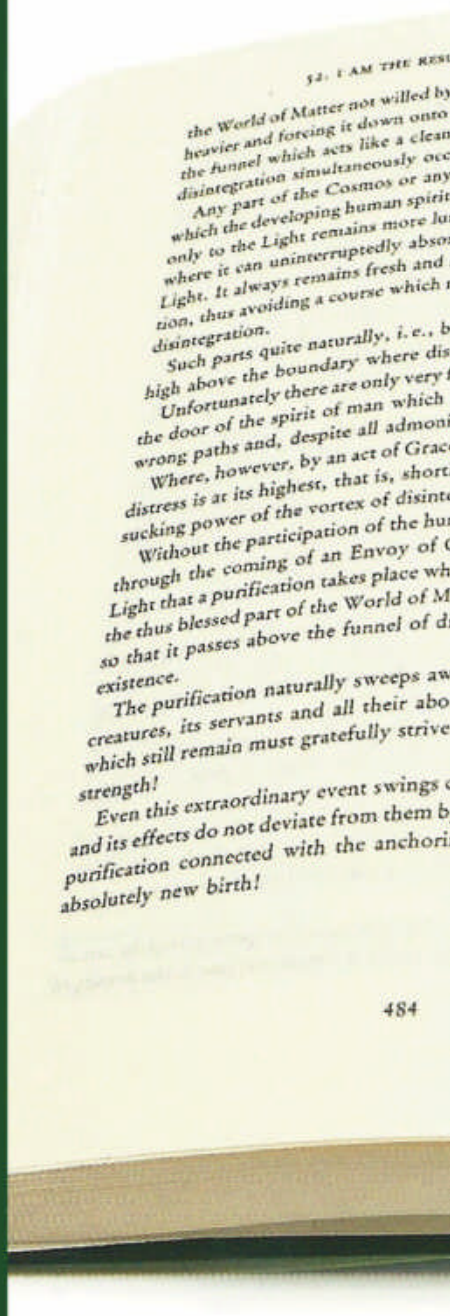
To all parents of growing youth it is wise to keep up with the spiritual development of your children, to become friends with them in good time and respect the developing spiritual personality which is emerging. Then you will never lose the trust, gratitude and love of your children!

Life is like riding a bicycle, to keep your balance, you must keep moving.

Albert Einstein

In these turbulent times, the liberating Word of Truth rings into the Cosmos and resounds through all the nations!

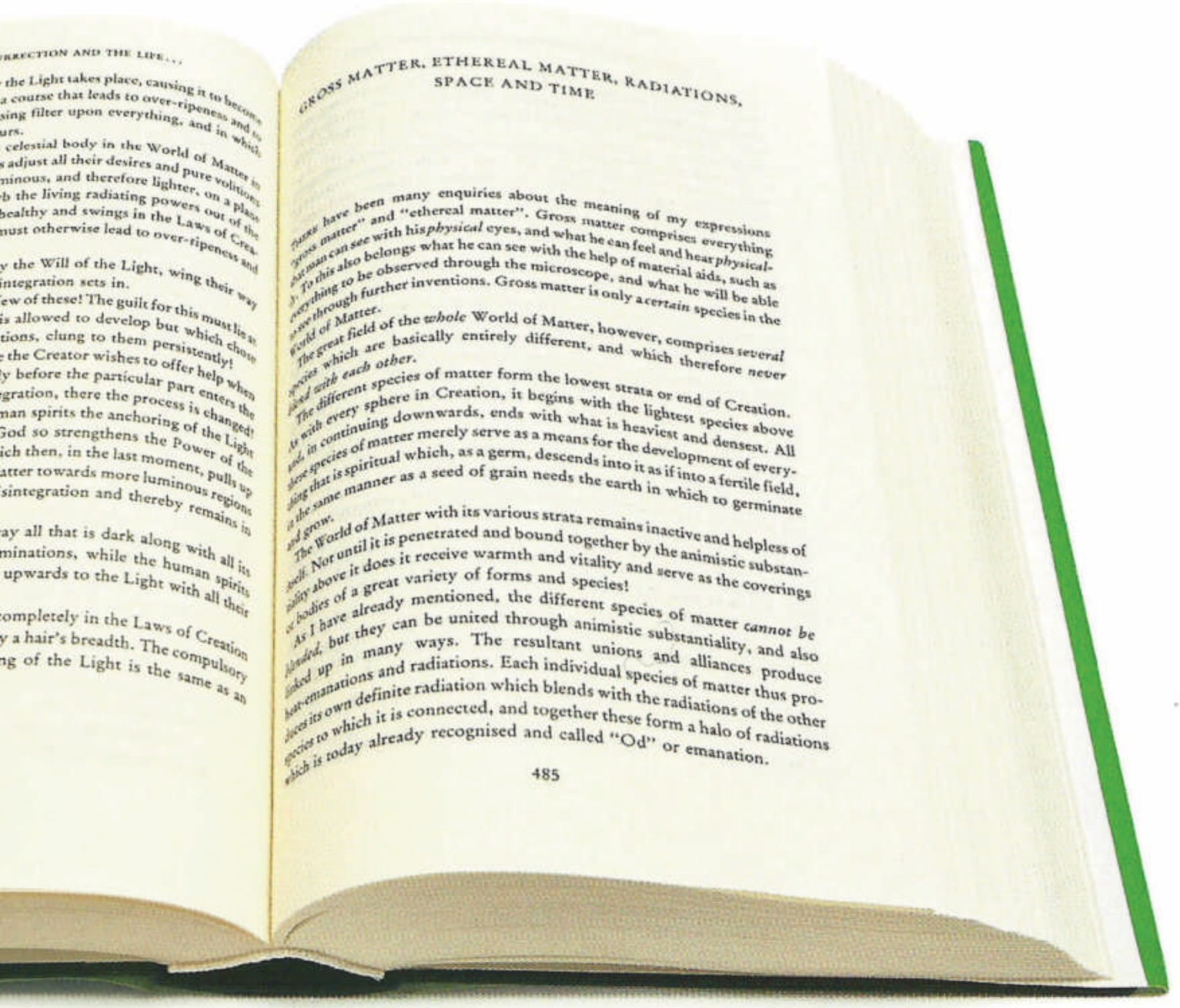




‘In the knowledge of Creation which I have given in my Message, and in the related explanation of all the Laws automatically working in Creation, which may also be called the Laws of Nature, the whole weaving of Creation is displayed without a gap; it allows every process to be clearly recognised, and therewith the purpose of man's whole life. With unassailable logic it also unfolds his “whence” and his “whither”, thus giving an answer to every question, provided man seriously seeks for it.’

‘Give God the honour of perfection! Then you will find the key to the unsolved riddles of all life.
It shall be my endeavour to bring serious thinkers to this point.
A sigh of relief shall go through the circles of all seekers for the Truth.
Finally they will joyfully recognise that there is no mystery, no gap in the entire course of world events. And then ... they will see clearly before them the road to ascent. They only need to follow it.’

ABD-RU-SHIN


GROSS MATTER, ETHEREAL MATTER, RADIATIONS, SPACE AND TIME
There have been many enquiries about the meaning of my expressions "gross matter" and "ethereal matter". Gross matter comprises everything that man can see with his *physical* eyes, and what he can feel and hear *physically*. To this also belongs what he can see with the help of material aids, such as everything to be observed through the microscope, and what he will be able to see through further inventions. Gross matter is only a *certain* species in the World of Matter.
The great field of the *whole* World of Matter, however, comprises *several* species which are basically entirely different, and which therefore *never* blend *with each other*.
The different species of matter form the lowest strata or end of Creation. As with every sphere in Creation, it begins with the lightest species above and, in continuing downwards, ends with what is heaviest and densest. All these species of matter merely serve as a means for the development of everything that is spiritual which, as a germ, descends into it as if into a fertile field, in the same manner as a seed of grain needs the earth in which to germinate and grow.
The World of Matter with its various strata remains inactive and helpless of itself. Not until it is penetrated and bound together by the animistic substantiality above it does it receive warmth and vitality and serve as the coverings of bodies of a great variety of forms and species!
As I have already mentioned, the different species of matter *cannot be blended*, but they can be united through animistic substantiality, and also linked up in many ways. The resultant unions and alliances produce heat-emanations and radiations. Each individual species of matter thus produces its own definite radiation which blends with the radiations of the other species to which it is connected, and together these form a halo of radiations which is today already recognised and called "Od" or emanation.
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‘THE CALL FOR THE HELPER’

AN INTRODUCTION TO THE WORK ‘IN THE LIGHT OF TRUTH’ BY ABD-RU-SHIN (1875–1941)

PAUL SCHMITT

III

We human beings are often inwardly very disjointed! On the one hand we bask in the awareness of our high levels of technological proficiency, by means of which we have subjugated the earth. Our homes are warm, comfortable and can withstand the wind, weather and cold or, otherwise, the air is cooled in hot conditions. Our means of transportation offer great comfort and are becoming ever safer and faster. Advances in aviation have enabled us to travel in a short time to distant countries and continents. A wide range of information about everything is delivered to us by various media. Thus the list of our achievements could go on and on. Our intellect, which by the very nature of things is responsible for shaping and improving our *earthly* circumstances, has unfolded brilliantly in the sphere of technology and has achieved masterly feats, such as, for example, the truly remarkable changes in the transmission of information and communication brought about by the invention and development of computers and the Internet.

But on the other hand, our intellect, of itself, can*not* come to grips with certain matters, because it lacks the ability to do so. These matters lie outside the sphere of technology and include the recognition of God, values, a sense of right and wrong, the inclusion of ethical and moral considerations, intuition, a striving for balance and much more besides. For this we require a conscious, strong *spirit,* which should guide the development of our intellect in a sensible, upbuilding direction as well as able to place the preservation of nature and the greater good above any egotistic considerations – which sadly on the whole it fails to do!

Thus it is largely accepted as inevitable and usually with mere shrugging of the shoulders that the earth is plundered, poisoned and overtaxed on an unimaginable scale and that our way of managing things economically brings enormous instabilities worldwide and untold suffering for billions of people. Furthermore, basic human rights are violated in many countries, which, of course, does not stop us as from being all too willing to do business with these regimes.

On a different scale, it does not disturb us greatly that our car consumes, on average, seven times as much fuel as would be technologically feasible and that this wastage is accepted naturally as part and parcel of our personal status. Nor do we seem overly concerned that our energy consumption together with our electricity generation heats up the planet dangerously and leaves nuclear waste which will remain life-threatening for a million years or so, and that tens of thousands of people starve every day, while we in affluent societies fill the petrol tank with valuable foodstuffs turned into biofuels – and much more besides!

We are also mostly unwilling to deal with the fact that millions of people, especially the young ones, are sinking away into the illusory virtual worlds of computers and

the Internet, and in so doing lose their reference with nature, which is an essential basis for a healthy life.

We human beings are therefore heading towards an enormous crisis, because the one entity that matters and which alone is in a position meaningfully to direct our intellectual actions, that is, the spirit, is too weak to be able to assert itself against the egotistical striving of our intellect, which is driven by self-interest and a love of ease.

But this is not yet everything: The more we allow our intellect to prevail alone, the more *brilliant* we believe ourselves to be. Let us be honest: Do we not consider ourselves with our abilities as the crown of Creation? As the human generation that is at its peak proficiency, towering far above the 'underdeveloped' generations that preceded us? And this in spite of the fact that the repercussions of our great failure confront us everywhere glaringly, and that in the final act of lunacy we are on the verge of destroying the very basis of our existence! This, at a time when the ability to *recognise God,* which would be self-evident in a truly advanced mankind, may never have been as feeble as just at the present time!

In short: We are in our psyche in exceptional *need of help* – without generally being aware of it. Only during especially clear moments does our inner voice still penetrate sometimes to our day-consciousness and we long for a helper, a clear signpost through the chaos of the present time. At the same time we still allow our intellect to overshadow this clearly perceived need. This gives rise to an unholy brew, which even makes it even more difficult for those human beings who long for and actively seek this signpost. That very situation is described in the second lecture of the *Grail Message:*

'Just let us look more closely at all those people who today with special eagerness are seeking a spiritual helper, those who, inwardly uplifted, are awaiting him. In their opinion they themselves are already thoroughly prepared spiritually to recognise him and to hear his word!

'On calm observation we notice a great many factions. Christ's Mission, for instance, affected so many people in a strange way. They formed a false picture of it. As usual, this was due to their wrong self-assessment, their presumption.

'Instead of the former veneration and the preservation of a natural gulf and sharp demarcation towards their God, there has arisen on the one hand a plaintive begging which always wants only to receive, but on no account to contribute anything itself. They certainly accepted the "pray", but refused to acknowledge that this was also coupled with "and work" – "work on yourself".

'Again, on the other hand, people imagine they are so self-reliant, so independent, that they can do everything themselves, and with a little effort even become Divine.

'There are also many people who only demand and expect God to run after them. Inasmuch as He had already once sent His Son, He proved thereby how greatly concerned He is that mankind should draw near to Him, indeed that He probably even needs them!

'Wherever one turns there is nothing but presumption to be found in all things, no humility. True self-assessment is lacking.

'In order really to be a human being, and begin his ascent as such, it is first of all necessary for man to descend from his artificial height.

'Today, spiritually puffed up, he is sitting in a tree at the foot of the mountain, instead of standing with both feet firmly and securely on the ground. Thus unless he first comes down or falls from the tree he will obviously never be able to climb the mountain.

'Meanwhile, however, all those who went their way calmly and sensibly on the ground beneath his tree, and upon whom he looked down so haughtily, have probably arrived at the summit.

'But events will come to his aid; for in the very near future the tree will fall. When he is so roughly shaken down from his precarious perch, perhaps man will then once more come to his senses. But for him it will then be high time, he has not a single hour left to waste.

'Many now think that life can continue in the old way, as it has done for thousands of years. Stretched out comfortably in their armchairs, they are awaiting a strong helper.

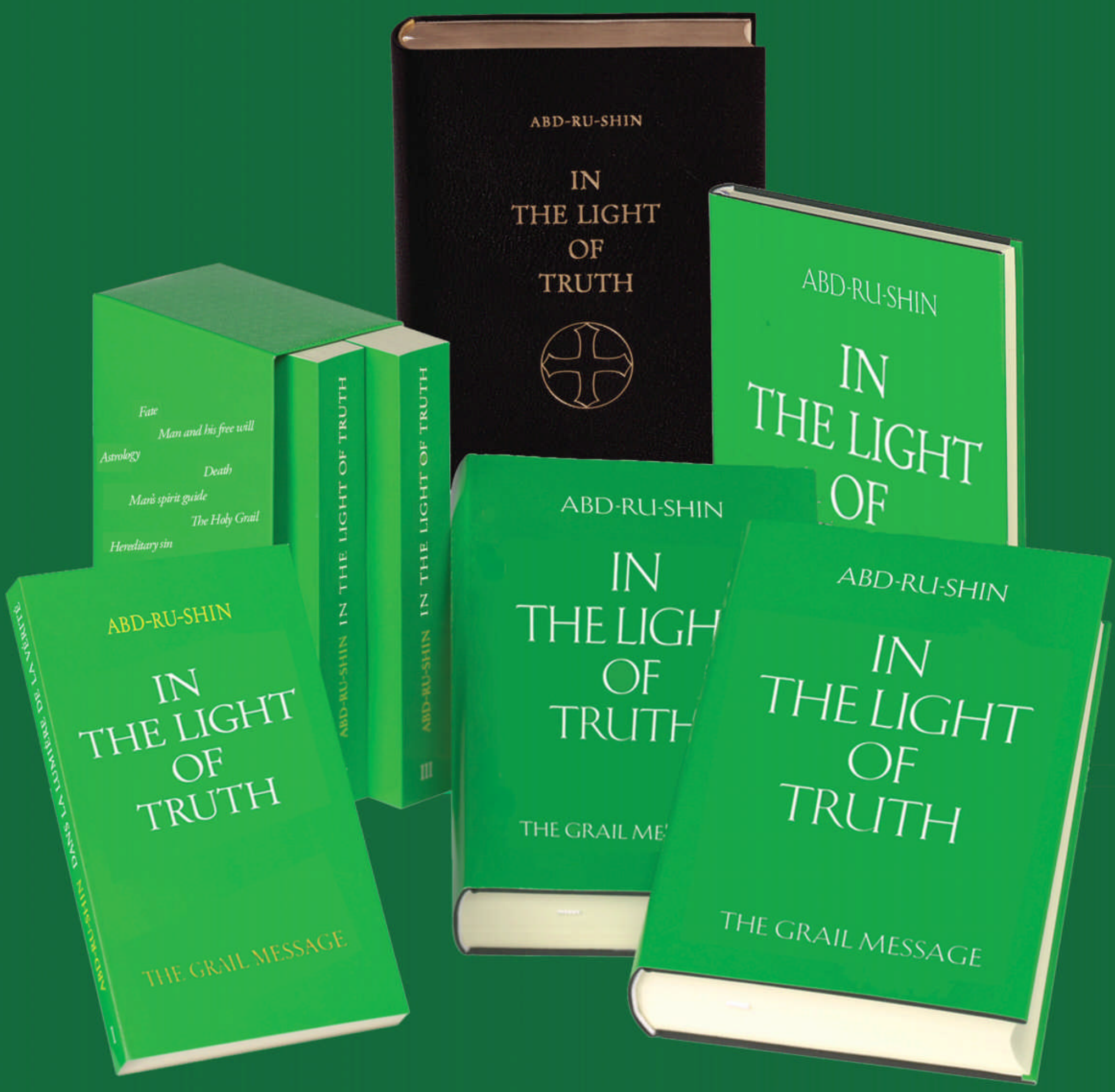
'But how do they depict this helper! It is really pathetic!

'In the first place they expect or, just to be quite correct, demand that he should prepare the way upward to the Light for each individual! He must exert himself to build bridges to the path of the Truth for the adherents of every religious faith! He must make it so easy and intelligible that everyone can understand it without effort. His words must be so chosen that their rightness will immediately convince one and all.

'As soon as man must exert himself and think for himself, then the helper is not a proper helper. For if he is called to lead and to show the right way through his word, he must then naturally also exert himself for men. It is his duty to convince men, to awaken them! After all, Christ also gave His life.

'Those who think in this way today - and there are many who do so - need not begin to trouble themselves, for they are like the foolish virgins, they face the "too late"!

'The helper will surely not awaken them, but will let them sleep quietly on until the gate is closed and they can find no entrance into the Light, because they cannot free themselves in time from the sphere of matter, for which the word of the helper showed them the way.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THE GRAIL MESSAGE

'For man is not as valuable as he imagined. God does not need him, but he does need his God!

'Since in their so-called progress mankind today no longer know what they really want, they will at last have to experience what they must!

'As they both seek and criticise in a supercilious way, this type of people will pass by, just as even at that time so many also passed by Him for Whose coming everything had already been prepared through the revelations.

'How can one possibly envisage a spiritual helper thus!

'He will not budge an inch to make concessions to mankind, and wherever he is expected to give he will demand!

'That man who is capable of serious reflection, however, will immediately recognise that just this strict and uncompromising demand for attentive thinking contains what is best, and what mankind, already so deeply entangled in spiritual indolence, need for their salvation! It is just by demanding spiritual alertness right from the beginning, together with an earnest volition and self-exertion for the understanding of his words, that a helper easily separates the grain from the chaff already at the outset. An automatic working lies in this, as it is in the Divine Laws. Here, too, men receive exactly according to their actual volition.'

It is just this last sentence that poses the greatest challenge to us human beings, endowed, as we are, with the ability to make free decisions! Because here too, we must in all honesty accept reality, which tells us very clearly that if we are to receive genuine help, we must open ourselves to this help, accept the logic contained therein and finally adjust our whole lives to it. This means that we have to change in many respects – and thoroughly question our own conceptions or expectations. The lecture 'The Call for the Helper' therefore continues:

'But there is yet another class of people who fancy themselves particularly alert!

'Naturally these have formed an entirely different picture of a helper, as can be read from reports. It is no less grotesque, however, for they expect him to be ... a spiritual acrobat!

'In any case, thousands already suppose that clairvoyance, clairaudience, clairsentience, etc., indicate great progress, which is really not so. These arts, whether acquired, cultivated, or even a natural gift, can never rise above the constraint of this earth, thus they only operate within low limits, can never claim to any height, and are therefore almost worthless.

'Is that the way to help the ascent of mankind - showing them, or teaching them to see and hear, ethereal things which are on the same level as they are?

'This has nothing to do with the actual ascent of the spirit, and is to equally little purpose for earthly happenings! They are minor spiritual tricks, nothing more, interesting to the individual, but utterly useless to mankind as a whole!

From the very beginning there are warnings in the Grail Message regarding 'spiritual acrobatics' and occult training. This is because genuine spiritual ascent does not lie in the attainment of certain 'paranormal' skills or in a demonstration of 'mind' control over the physical body:

'Let such people keep their spiritual clowns! They will soon enough experience where this leads! They have really no idea what they are actually pursuing thereby. They imagine that only he is great whose spirit so controls his body that it no longer suffers illness!

'All such development is one-sided, and one-sidedness brings only what is unhealthy and diseased! These things do not strengthen the spirit, but only weaken the body! The balance necessary for healthy harmony between body and spirit is disturbed, and as a result such a spirit finally severs itself much sooner from the maltreated body, which can no longer provide the strong healthy resonance needed for earthly experience. But then the spirit lacks this experience, and enters the beyond while still immature. It will have to live its earth-life once again. [...]

'If a man wishes to suppress an illness he must spiritually bring about the pressure of an ecstasy on the body, just as in a minor degree fear of the dentist may suppress toothache.

'The body may be able to stand such intense stimulation once, perhaps even several times, unharmed, but not continually without suffering serious damage.

'And if that is the practice or advice of a helper, he is not worthy to be a helper; for he is thereby transgressing the Natural Laws in Creation. [...]

'He who is accounted master on such grounds is less than a pupil who knows nothing whatever of the tasks of the human spirit, nor of what is required for its development! He is even detrimental to the spirit.

'They will come soon enough to the painful recognition of their folly.

Every false helper, however, will have to undergo bitter experiences! His ascent in the beyond can only begin when the very last of all those whom he has held up or even led astray by spiritual trifling has come to recognition. As long as his books and writings continue to influence men on earth, he will be held fast in the next world, even if in the meantime he has come to a better understanding there.

'He who recommends occult training gives men stones instead of bread, thereby proving that he has not even the faintest idea of what actually takes place in the beyond, still less of the complete mechanism of the Universe!'

What is the Grail Message?

THE THREE VOLUMES of *In the Light of Truth* contain a total of 168 lectures whose contents, building upon one another, give a picture of Creation *in entirety*. The Author's all-embracing view is based on well-known natural laws, which reveal the hidden connections of our existence and offer valuable guidance for the journey through life. The lectures assembled in these three volumes were written and developed by the Author, Abd-ru-shin, between the years 1923 and 1938.

The Work *In the Light of Truth* is known throughout the world for its conclusive answers to the great questions of humanity, such as the meaning of life, justice, fate and why we live after death. Written originally in German, it is translated into 22 languages so far and is available worldwide.

Who are we?

Where do we come from?

Where are we going?

The aim of the Author, Abd-ru-shin, is to bring the reader closer to true life, to offer valuable stimuli for the development of one's own personality and to lead him or her on a path of recognition that also includes awareness of God. The collected lectures of the work *In the Light of Truth* are intended to serve as 'torch and staff' on this journey through life, independent of a person's religious belief or denominational affiliation. The Author sought neither to found a new religion nor a sect.

'Only one basic condition is essential for every listener: *earnest* seeking for the Truth. He should inwardly examine *the words* and let them come to life, but not heed the speaker. Otherwise he derives no benefit.'

ABD-RU-SHIN

The explanations in the Work *In the Light of Truth* build on the basis of simple, recognisable Natural Laws, which have effect on the physical world and external life just as they affect the spiritual realm and inner life. Addressing human experience, they point to our shortcomings and veiled deficiencies, as well as our abilities and untapped potential and the many opportunities offered daily for spiritual progress. The reader can recognise the content of the lectures in his or her own life and find the truth therein. Thus personal experience is combined with logical conclusions to form a comprehensive, whole world view in which there is no separation between scientific and spiritual search for truth.

The Work *In the Light of Truth* bears the subtitle *Grail Message*. Today, the term 'grail' is normally associated with some unattainable quest for the highest height of perfection in life, and visions handed down through myths, legends and especially works of art. Abd-ru-shin, however, makes it clear that these depictions are based on reality – one that is central to the existence and preservation of all Creation.

It is a clear path drawn by the Work *In the Light of Truth*, which has nothing to do with mysticism or esoteric abilities – but, like the original message of Jesus – places considerable demands on the individual human being. For not only must independent, unassuming, objective perceiving and thinking be exercised, but, above all, the 'firm volition for the good'. This process of working on oneself and striving for the benefit of our neighbour leads to spiritual maturity.

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4 Morality

5 Awake!

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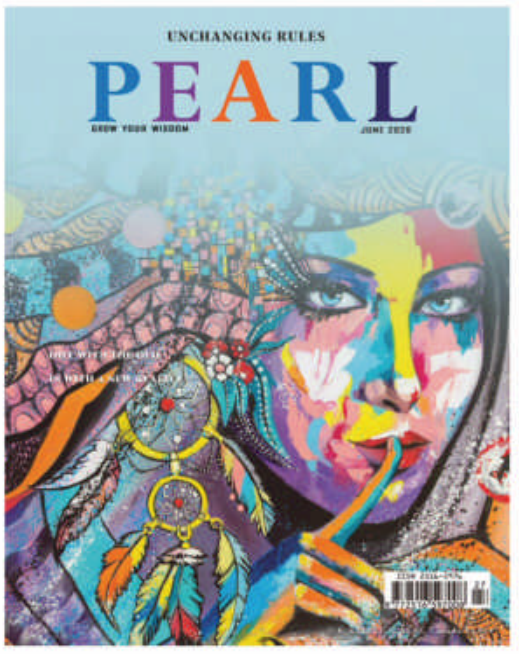

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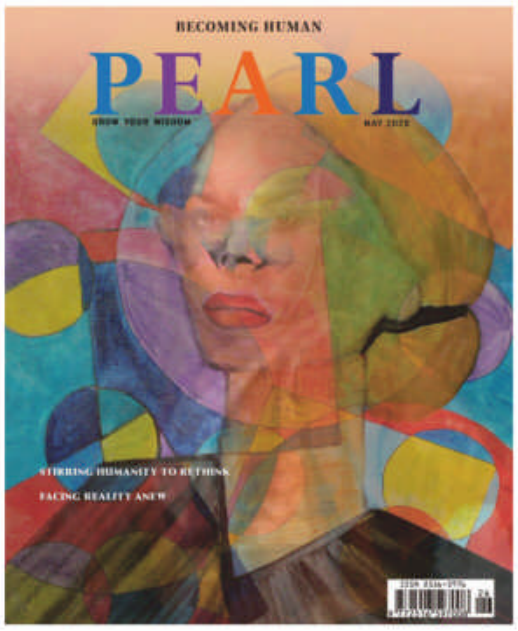

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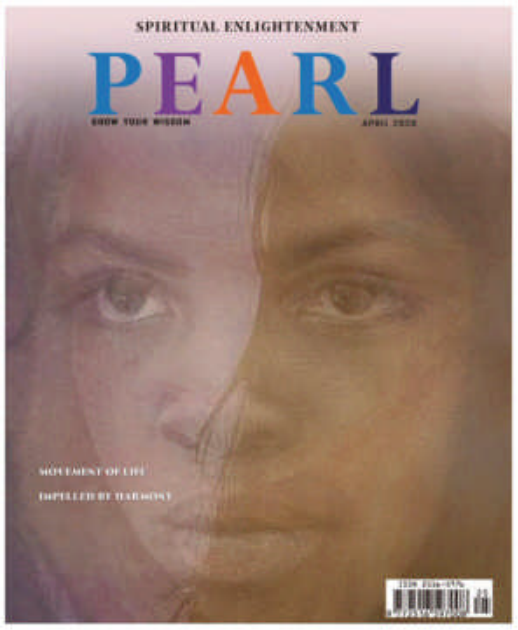

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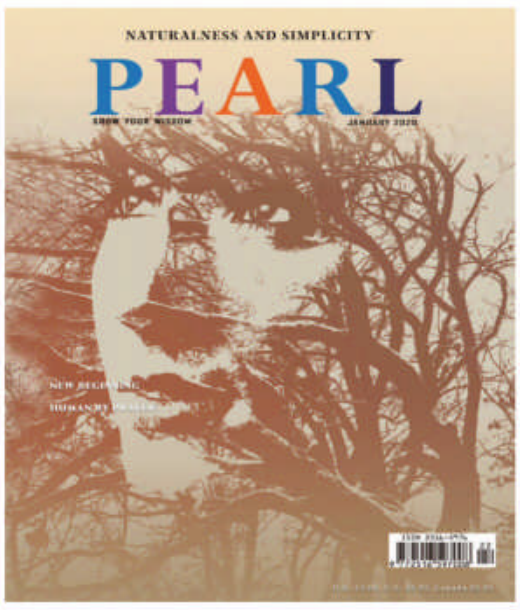

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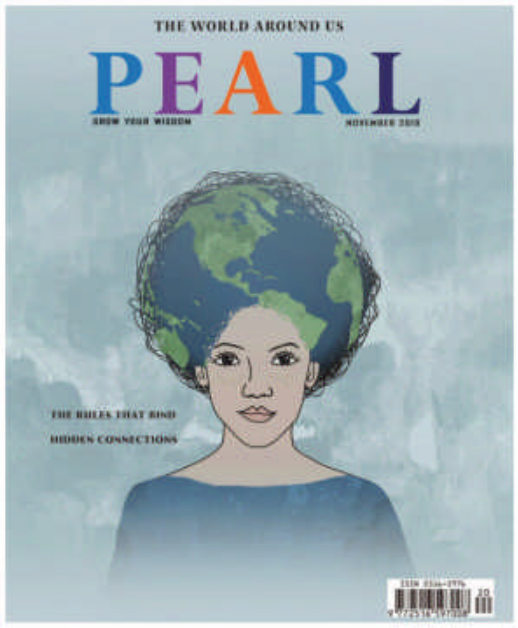

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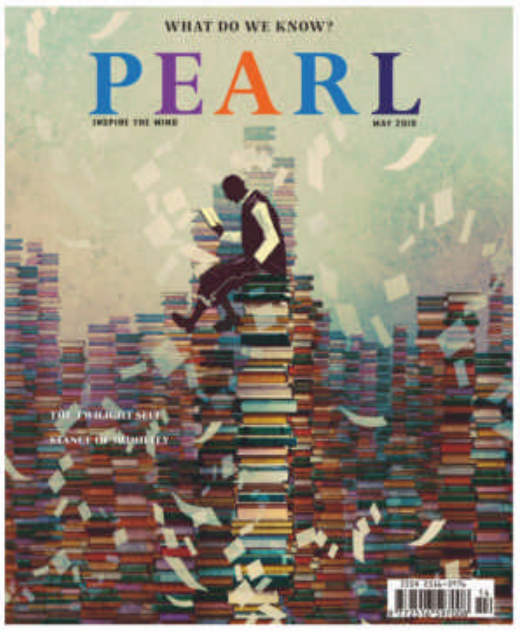

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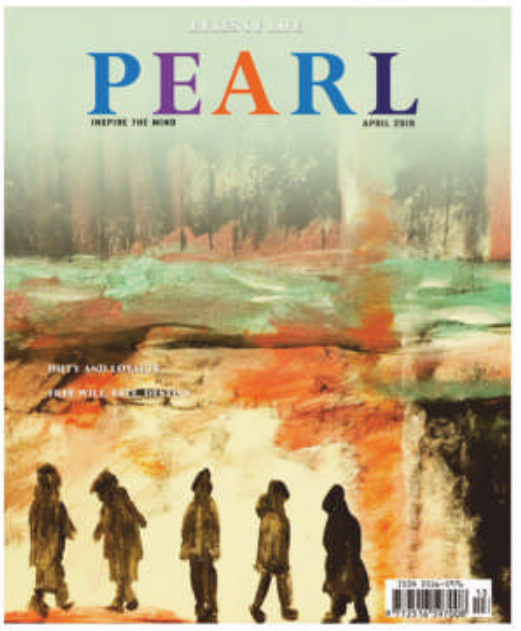

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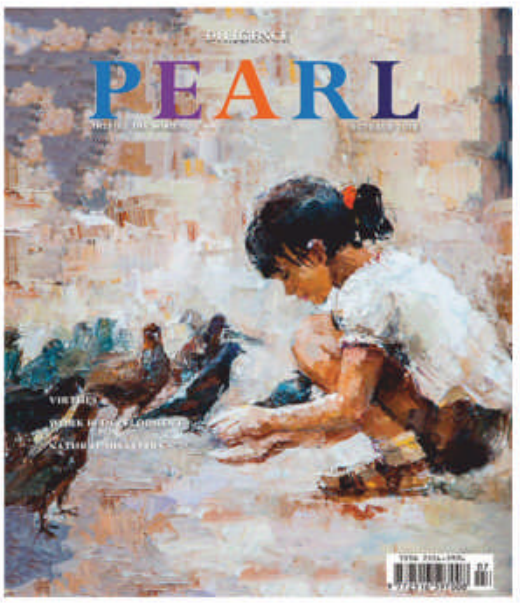

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